

Friends for Life

CARE♥NET®
Pregnancy Center of the Hudson Valley

Spring 2009

Former Yankees' Chaplain to Speak at 23rd Annual Fundraising Banquet



Note New Location of our Banquet!

Care Net's 23rd Annual Fundraising Banquet will be held at the **Holiday Inn in Fishkill** on Friday April 17th. Our focus for 2009 is getting back to the basics of why we do what we do at the Center.

In these often troublesome

times, it's so important to remember that God has called us to support women and men facing unplanned pregnancies and to bring healing and mercy to those who have had abortions in their past. As the current administration seeks to

implement policies that will make our work more challenging, we must trust that God is in control and stand firm on what we know is His truth.

We are excited to have B.J. Weber as our keynote speaker this year. He served for over 20 years as chaplain to the World Series Champion New York Yankees and he is co-founder of more than 25 inner-city ministries, including Pregnancy Help, the first pregnancy care center in Manhattan.

For more information, to make your reservations or if you'd like to sponsor a table, please see your church liaison or call the Center at 471-9284.

Care Net Launches Two New Websites!



We're excited to announce the launching of our new client website at **CareNetPregnancyCenter.com**. It's an educational site with information about our services, abortion procedures and risks, pregnancy options, fetal development, the morning after pill (Plan B), sexual health and abortion recovery. We were fortunate to get a domain name that will be easy to remember. Be sure to tell your kids so they can share it with their friends.

We're excited to announce the launching of our new

We've also launched a new website for you, our supporters, at **ISupportCareNet.org**. We have information about upcoming events and volunteer opportunities, a special section for churches and liaisons, an important legislation watch page, resources for parents and more. And of course you can donate online as well, using your credit card or PayPal. We hope you'll visit us and bookmark the site so you can keep up to date on all the happenings.

If you would like to link to our sites from your website or blog, please email us at **carenetpc@gmail.com** for logo links.

Inside:



One Year of
Ultrasounds

Prayer & Praise

Pray: For an increase of at-risk Hispanic clients.

Pray: For our leaders, that they will create policies that support the sanctity of human life and truly reduce abortions..

Praise: For the healing God is doing in our Abortion Recovery groups.

Praise: For all the recent furniture donations.

Friends for Life



Baby Bottle Blessings Kickoff on Mother's Day

Our annual Baby Bottle Blessings campaign will kick off on Mother's Day. This is a wonderful opportunity to introduce children and others to the ministry of Care Net in a nonthreatening, age appropriate way. Everyone wants to help babies! Just get a baby bottle from your church liaison, the Center, or you can even buy one or use one you already have. Fill it with your spare change and return it to your church or drop it off at the Center. It's that easy and the change really adds up!

This is a perfect mission project for youth groups, Christian schools, Vacation Bible Schools, or any group that wants to help. This is an ongoing campaign that can be done anytime during the year and we will be happy to provide a speaker to introduce it to your group. For more information, speak to your church liaison or call the Center at 845-471-9284.

Fill out this form and mail it to the Center to make your electronic donation.

Electronic Donations Form

Name: _____

Address: _____

Phone: _____

Monthly Gift: \$_____ One Time Gift: \$_____ Matching Grant: \$_____

Check Bank Name: _____

Routing Number: _____ Account Number: _____

Master/Visa: _____ Exp.: _____ CVV2: _____

(Last 3 numbers on back of card)

By signing below I hereby authorize Care Net Pregnancy Center of the Hudson Valley to charge the indicated account the specified amount as written above monthly or one time.

I agree to notify Care Net Pregnancy Center of the Hudson Valley, in writing, of any changes or cancellation at the following address:
PO Box 2118, Poughkeepsie, NY 12601.

Signature: _____ Date: _____

Restrictions on Donations Care Net Can Receive

New Federal Law Regarding Lead and Phthalates in Children's Products

On Feb 10, 2009 new requirements were added to the Consumer Product Safety Improvement Act (CPSIA) that limit the amount of lead and phthalates that can exist in children's products. This reform legislation was a Congressional response primarily to the significant number of recalls of consumer products manufactured in China.

Phthalates are chemicals used to make plastics more pliable. Some of the products that we distribute at the Center will be impacted. Those most likely to pose a risk of phthalate exposure to children include cribs, toddler beds, high chairs, strollers, bath seats, bath toys, teething, rattles, pacifiers, sippy cups, bottles, plastic bibs and other small, plastic toys. Pacifiers and feeding bottle nipples are made of latex or silicone and do not contain phthalates. Cribs made of wood also will not be impacted.

The new law requires manufacturers and importers to certify that their children's products meet all the new safety standards and comply with the lead ban. **As a result of this law, Care Net will only be able to accept products that are CPSC certified, displaying a BPA free label on such products.** For more information, please go to www.cpsc.gov.

**"Never give in...
never yield to the
apparently overwhelming
might of the enemy."**

Winston Churchill

Special Thanks!

Special thanks to all the **pastors** who gave wonderful messages for Sanctity of Human Sunday. We appreciate the strong biblical stand you take and praise God for you!

Special thanks to **St. Columba Catholic Church** for the tremendous donation through Baby Bottle Blessings!



Pancake Breakfast

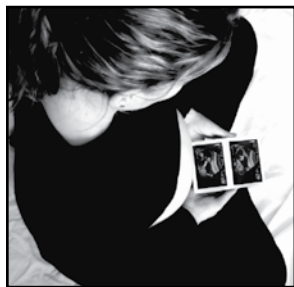
Come enjoy delicious *homemade* maple syrup, pancakes, bacon and sausage at the Meyer barn at 2327 Salt Point Turnpike, Clinton Corners on **Saturday, March 28th from 9 am to 1 pm.**

Adults: \$8

Children 6-12: \$6

Seniors: \$6

Children 5 & under: free!



One Year of Ultrasounds

In January 2008, then Nurse Manager Elaine Liptak and I completed our ultrasound training. We had some challenges that had implications for the whole state in getting the liability insurance in place, and were grateful that God worked it all out. In April we had our first official ultrasound client. In nine months, April through December 2008, we totaled thirty ultrasound clients, some of whom we saw for follow up visits. As we move into 2009, we're happy that the word is getting out and the number of at risk women coming to the Center is increasing.

Our ultrasound clients are varied from those who have had other pregnancies and can't imagine having another child to teenagers who are pregnant and scared. I remember one 16-year old who was shy, scared and barely said a word, claiming she wanted to keep her baby. The pressure on a teenager to abort is immense and hard to resist. When these young ladies see their babies and the fetal heartbeat, it can create a bond with their babies, giving them courage to stand up for what they really want to do.

Some women have their minds made up that they want an abortion when they first come to the Center. These are the most challenging. Sometimes when they see their baby's tiny heart beat, their hearts melt and they change their minds. Sometimes they don't. Those are the hardest days, knowing that God has given us this incredible tool and yet they still resist. We've had the joy of seeing a young mother choose to carry her twins, and the sorrow of hearing of another set of twins who were aborted. Those days we pray not only for the women and the babies, but for us too, that we will not be overcome with grief, but will trust God in all things.

We're so grateful to all of you who support us and make it possible for us to offer the free ultrasounds. It absolutely makes our day when a mom decides to carry to term then brings her precious baby in for us to see. Praise God!

Pat Velez RN, Nurse Manager

Care Net Board & Staff

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CARE♥NET

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Pregnancy Center of the Hudson Valley
226 Church Street/PO Box 2118
Poughkeepsie, NY 12601-0218

845.471.9284

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12550
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Save the Dates:

Pancake Breakfast

Saturday, March 28

Annual Banquet

Friday, April 17, Holiday Inn Fishkill

Baby Bottle Blessings Kickoff

Sunday, May 10 (Mother's Day)



A Word from the Director

Staying the Course in Troubled Times



Does it ever feel to you like the world is spinning out of control? I know that's the way it feels to me these days. Many of you have been fighting the pro-life battle for decades and I know you're feeling weary. There are days when I'm very weary and I wonder if we're making any progress at all.

I admit that I have really struggled with the events of the past few months, knowing that the historic new administration has made promises to Planned Parenthood and other groups to set policies and appoint judges that will have a severe impact on the work we do at Care Net.

On November 25, 2008, a document titled *Advancing Reproductive Rights and Health in a New Administration* was posted on CHANGE.GOV, the web site of then president-elect Obama. It is undersigned by a large coalition of organizations including the American College of Obstetricians and Gynecologists, Catholics for Choice, Feminist Majority, NARAL Pro-Choice America, Planned Parenthood Federation of America, and the Religious Coalition for Reproductive Choice. (Read the document on our new supporter web site, ISupportCareNet.org, under Legislation Watch.) The document contains "Steps for the First 100 Days" and the actions of our president in his first two months have made it very clear that he intends to move forward with his radical abortion agenda.

The environment our in country is becoming more hostile to pregnancy care centers and those who support the sanctity of human life. At the Center we're seeing an increase in calls

from fake clients. Our main defense against these calls is to present ourselves

with honor and be truthful about who we are and what services we offer, which is what we do.

How are we, God's people, to respond to this frustrating season we're facing? First, God, in His infinite wisdom, has allowed this administration to be in office and we are called in 1 Timothy 2:1-4 to pray for them. Remember, *the prayer of a righteous man is powerful and effective.* (James 5:16b) Lift up all our leaders in prayer each day, and ask the Lord to change their hearts if they are not in alignment with Him and reveal His truth to them.

Second, remember that God is in control and continues to remind us to be faithful as we uphold the sanctity of human life. Our marching orders are very clear. *Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.* (Ephesians 6:13) We are not told to compromise on biblical truth and I want to encourage you as you stand firm on the sanctity of human life issues with us.

And don't ever forget Romans 8:31 *What then shall we say to these things? If God is for us, who can be against us?*

Standing firm with you in Jesus, Deb Townsend